**Rena Menke, PhD**



Clinical Assistant Professor

Research Area Specialist

**Areas of Interest**

* Lifetime and intergenerational impact of maltreatment experienced during childhood.
* Evidence Based Interventions to support resilience in perinatal populations.
* Implementation and development of virtual mental health programs to increase access to perinatal persons.

**Clinical Interests**

* Implementation and development of mental health programs to increase access for perinatal persons and their families.
* Development of mental health programs to address relationships between perinatal persons, and their children.
* Development of effective training techniques for mental health professionals at various stages in development.

**Credentials**

* 08/2003-08/2005: B.A., Psychology with Highest Honors, University of Michigan, Ann Arbor, MI
* 08/2007-08/2011: M.A., Clinical Psychology, Wayne State University, Detroit, MI
* 08/2011-08/2014: Ph.D., Major: Clinical Psychology, Minor: Child Development and Statistics, Wayne State University, Detroit, MI

**Web Sites**

[Infant Mental Health: Finding the Beautiful Moments on Pediatric Meltdown](https://podcasts.apple.com/us/podcast/infant-mental-health-finding-the-beautiful-moments/id1529656785?i=1000531693537%20)