



Awardee Accomplishments and Vision for the Future

Mary Kimmel, MD

Florida Behavioral Health Impact Team (Video)

Amie Bettencourt, PhD

Bethany Geldmaker, PhD, PNP

Susan Griffin, LICSW, PIP, CHCQM

Dustin Sarver, PhD

MCPAP (Video)

Vision: Healthy Communities, Healthy People





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NC MATTERS

Highlights

1,820

NUMBER OF ALL-TIME CALLS



97%

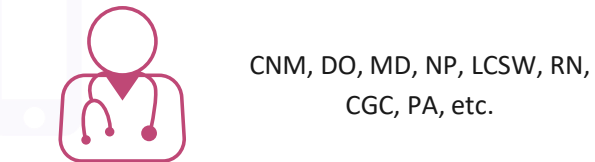
PROVIDER SATISFACTION

of providers felt satisfied after calling NC MATTERS



11

TYPES OF PROVIDERS SERVED



149

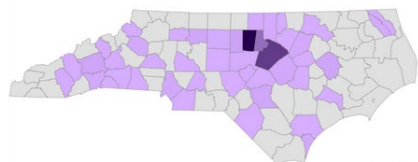
NUMBER OF ONE TIME ASSESMENTS

patients seen, with an average wait time of 7 days compared to national average of 25 days



60

NUMBER OF COUNTIES SERVED



NC MATTERS

What Makes Us Proud



COMMUNITY PARTNERSHIPS

Supporting various professionals through consultation, including mental health, nurse home visiting, genetics counselors, and NICU



IMPACT

17% of calls reduced the need for use of mobile crisis or emergency service.
48% of Patients are on Medicaid/Medicare or uninsured.



ADVOCACY

Partners include the Perinatal Quality Collaborative of NC, Perinatal Health Strategic Plan Workgroup, local health departments, CDSAs, and PSI-NC



INCREASING ACCESS TO CARE

Training across professions and license types, knowing that accessibility increases the quality of interventions

We support North
Carolina health
professionals.



"When feeling a bit stuck with addressing a client's mental health needs, it is a relief knowing NC MATTERS is just a phone call away."

K. HALPIN, HOME VISITING NURSE IN DURHAM



NC MATTERS

NEXT STEPS



1

Enhanced BHC Services

Behavioral Health Consultants (BHCs) will continue to facilitate patient navigation and connect perinatal patients with tailored resources.

2

Champion Program

NC MATTERS will provide more intensive training for prescribing professionals through the creation of a statewide champions program.

3

Stakeholders Group

We will work to include community and patient voices by facilitating a stakeholders group.

4

Quality Improvement

QI work with maternity care clinics that serve patients on Medicaid and without insurance will continue, as we aim to improve screening and treatment practices.



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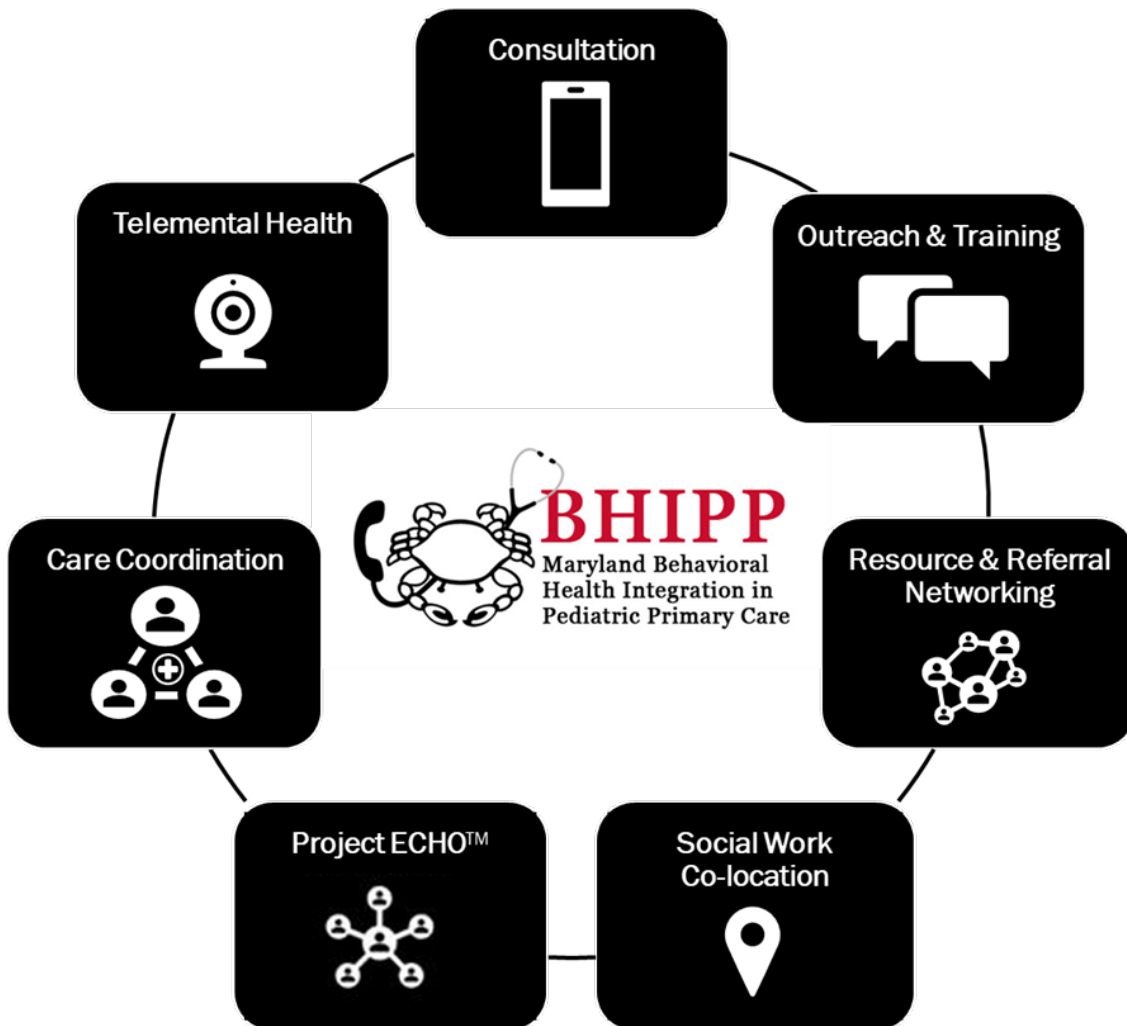
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Maryland Behavioral Health Integration in Pediatric Primary Care: What We Do



Since its establishment in 2012, BHIPP has been offering support to pediatric PCPs through free:

- Telephone consultation (855-MD-BHIPP)
- Resource & referral support
- Training & continuing education
- Social work co-location

With HRSA funding (2019-2023), BHIPP expanded services to include:

- Project ECHO®
- Direct telemental health services
- Care coordination



Some Key Program Impacts

- Over **1,550** pediatric providers representing each county in the state have enrolled with BHIPP or called the warmline
- Over **9,600** telephone consultations have been completed
- Over **10,800** appointments with families have been completed by social work interns co-located in primary care offices
- Over **1,600** pediatric providers have received continuing education training through one or more of BHIPP's training offerings (including in-office trainings, lunch time webinars, invited talks, half-day CME training institutes, and Project ECHO series)
- Providers consistently report increased knowledge about and comfort with mental health practices following participation in BHIPP trainings
- Expanded audience of continuing education offerings to include emergency medicine professionals and behavioral health providers to help improve the mental health system of care as a whole



Perspectives from Primary Care Providers about BHIPP

“BHIPP has been such an amazing resource to our practice. Literally every single time I’ve called, I’ve received the best information. First of all, the people have been so gracious from whoever takes the phone call to tying me in with a child psychiatrist. They always call when they say they’re going to call. I mean, it’s user friendly. The information is accurate. They send us follow-up notes about the recommendations. They listen so well. My experiences have been overwhelmingly amazing. Like, if I had to give a grade, I’d give an A plus plus plus plus.”

-PCP from Allegany County

“The need for mental health services in children is tremendous at this point in time and BHIPP has been integral to helping me but also my patients and families navigate a difficult landscape with getting help.”

- PCP in Baltimore City

“Being able to help the patient to resources quickly is really important. As pediatricians, we typically don’t have a relationship with a therapist in the community that we directly refer to and we certainly don’t in a large area like the DMV. There are so many therapists available or around, trying to find a convenient resource for the patient is important. So giving BHIPP a zip code so that they can find someone close by [for the family] is really helpful.”

- PCP from Prince George County

“BHIPP is completely invaluable because ultimately waiting for somebody to see psychiatry when it’s something that I could manage with the help of BHIPP certainly saves parents a lot of time”

-PCP in Montgomery County

Future Directions to Increase BHIPP's Reach and Impact

1. Broaden the pool of pediatric providers receiving in-depth training through BHIPP to include Physicians Assistants, Developmental Behavioral Pediatricians, and Psychiatric Nurse Practitioners.
2. Expand the suite of training offerings to include additional ECHO tracks, an intensive child mental health curriculum, and specific training content for managing pediatric mental health crises.
3. Expand care coordination offerings to include care coordination for youth being discharged from a higher level of care (e.g., emergency department).
4. Provide tailored technical assistance to pediatric primary care practices to strengthen capacity to provide mental health care on site.



Presenter and Program Contact Information

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VMAP

Virginia Mental Health
Access Program

MCH Tele-Behavioral Health Program: VMAP Lessons Learned

Bethany Geldmaker, PhD

Virginia Department of Health

Department of Behavioral Health and Developmental Services

Medical Society of Virginia Foundation

VA Chapter of AAP

At a glance...

- Stakeholder collaboration...
 - State agencies, VA-AAP, MSVF, Hospital systems
 - Strategic planning and governance
- Data collection and evaluation processes...
 - VMAP Call-in Line, provider registration
 - Addressing cross-agency data funding requirements
- Addressing provider engagement and outreach...
 - Engagement strategies and marketing techniques
 - Medical education
- Scaling services...
 - Role of funding, advocacy, statewide “buy-in”



Virginia Mental Health Access Program

Provider Education

Several education opportunities for primary care providers on screening, diagnosis, management, and treatment of pediatric mental health conditions.

REACH PPP

QI Projects

Project ECHO

Guidebook

The VMAP Line

Connects primary care providers to regional hubs that offer pediatric mental health consultation and care navigation to support with patients 21 and under.

Child and adolescent psychiatrists

Licensed mental health professionals
(psychologists and/or social workers)

Care navigators



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MCPAP (Video)

Introduced by Dr. John Straus

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Leadership Reflections

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