

**Tele-Behavioral Health Programs
Technical Assistance Innovation Center**

Advancing successful behavioral health access and integration into pediatric and perinatal care

Hello PMHCA Awardees!

Welcome to the Maternal and Child Health Bureau (MCHB) Technical Assistance Innovation Center (TAIC) newsletter! It is a pleasure to welcome four new PMHCA awardees in Guam, Ohio, South Dakota, and Utah, and to congratulate the 21 programs who re-competed for funding this year. How exciting that the PMHCA program is now 54 awardees in 46 states, the District of Columbia, the U.S. Virgin Islands, the Republic of Palau, the Chickasaw Nation, the Red Lake Band of Chippewa Indians, the Federated States of Micronesia, the Commonwealth of the Northern Mariana Islands, and Guam!

As this program has grown, so too have the resources that we have in place to support program implementation, peer exchange of ideas, and shared learning. I encourage you to participate in the MCHB TAIC offerings, and to engage with the American Academy of Pediatrics (AAP) and the Emergency Medical Services for Children's Innovation and Improvement Center (EIIC) to support program expansion efforts with providers, and in schools and emergency settings.

As we move forward with program implementation, please continue to share your impact stories with us, and let us know what aspects of the program work well and where we can consider adjustments going forward.

Together you have built a robust and giving network of PMHCA programs, and it is so rewarding to see the impact that you achieve in your communities every day. Thank you for all that you do to support the behavioral health and well-being of children and youth across the nation!

Lauren Ramos, MPH

Director, [Division of MCH Workforce Development](#), MCHB

Hello MMHSUD Recipients!

Once again, congratulations on your successful application and award for the Maternal Mental Health and Substance Use Disorders Program (MMHSUD).

The MMHSUD Program is part of the MCHB's extensive portfolio on maternal and infant health. This program is within the Division of Healthy Start and Perinatal Services (DHSPS).

In the recent iteration of the program (formerly called the Maternal Depression and Related Behavioral Disorders Program or MDRBD), the following was achieved (according to FY 2022 data):

- 46,000 postpartum people were screened for depression by participating providers.
- Over 8,500 pregnant and postpartum people were served by participating providers who contacted the program.
- 446 trainings were provided.
- 1,875 providers were trained through MDRBD programs.
- 4,200 providers have been entered in the referral database.
- 800 providers sought consultation.

The support your programs give to providers throughout various parts of the country is critical to improving maternal mental health outcomes for pregnant and postpartum people. As each year of your program passes, it is amazing to look back and see all the trainings offered, providers reached, and pregnant and postpartum people served collectively through your programs.

As some of you seek to launch and establish your programs, we encourage you to utilize the MCHB TAIC for resources, opportunities for networking, and to help facilitate collaboration as you work to achieving your program goals. Your HRSA project officer (PO) will also be a source of support and assistance. As always, please reach out to your PO if you have any needs, questions, or concerns.

Giving providers the tools, resources, and training that is needed to support maternal mental health simultaneously impacts the overall health of infants, and in turn impacts the health of whole families and communities.

Thank you for joining forces with us to improve maternal health through the MMHSUD program!

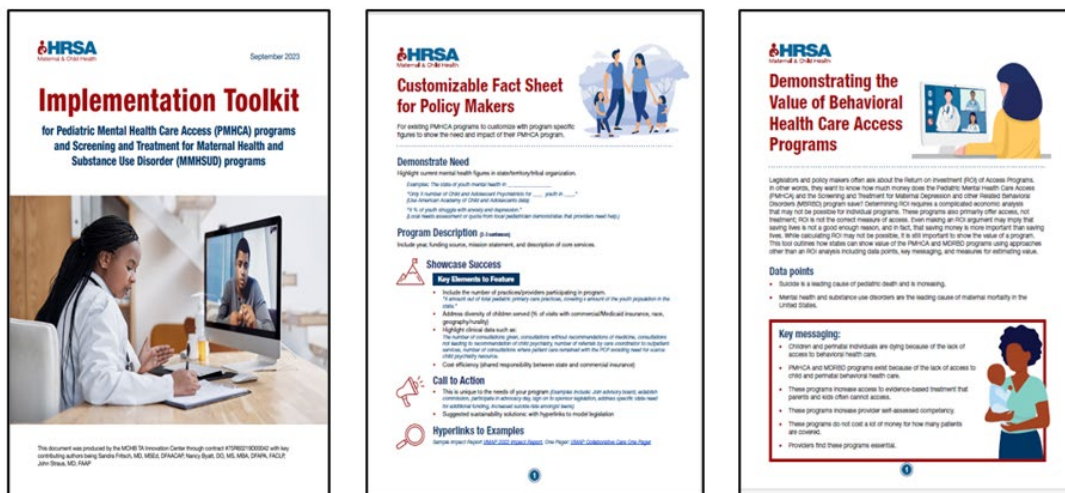
Dawn Levinson, MSW

Deputy Director, [Division of Healthy Start and Perinatal Services](#), MCHB

About the MCHB TAIC

The MCHB TAIC is available to provide 1:1 technical assistance (TA) to PMHCA and MMHSUD programs to assist with improving behavioral health care access for the pediatric and maternal populations. The MCHB TAIC can assist with a variety of topics, including but not limited to, sustainability, provider engagement, messaging, marketing, and evaluation. In addition to 1:1 TA, the MCHB TAIC provides webinars, peer-to-peer sharing sessions, a community of practice, and an annual awardee meeting. Resources such as an implementation toolkit and fact sheets have also been developed and are available upon request. For questions or to request 1:1 TA, email MCH-TA_Innovation-Center@jbsinternational.com

Exciting News! The MCHB TAIC has curated valuable TA resources for our awardees. These resources will be shared with you via email and will also be accessible on the TA Resources tab in the Shared Calendar in the upcoming days. Stay tuned for more updates!



Implementation Toolkit: This resource consists of steps to consider during program implementation, a sample training schedule, active learning vignettes, and resources to assist awardees in effectively implementing their programs.

Customizable Fact Sheet for Policy Makers: PMHCAs can personalize program details, enabling them to communicate effectively with champions, stakeholders, and legislators.

Demonstrating the Value of Behavioral Health Care Access Programs: This template is designed to support awardees in showcasing the program's value to

their agency, stakeholders, including legislators, and potential funders, providing step-by-step guidance

Engaging Primary Care Providers to Participate in a Telephonic Consultation System to Improve Pediatric Behavioral Health Access

Access to pediatric behavioral health services has been a longstanding problem in the United States. Resources are most scarce for children in rural areas with publicly funded health insurance. One solution is integrating behavioral health services into pediatric medical settings, but this requires substantial resources and faces a host of financial barriers. [Read more.](#)

Key Attributes of Child Psychiatry Access Programs

The gap between the need for and the availability of pediatric mental health providers is well documented. One solution is regional/state child psychiatry access programs (CPAPs), which aid in the assessment and management of youth with behavioral health concerns by providing consultation to pediatric primary care clinicians. [Read more.](#)

Clinicians' Experience with a Graduate Medical Education Implemented Child Psychiatry Access Program

The authors aim to measure differences in primary care clinicians' perceptions of managing pediatric mental health before and after launch of a CPAP and identify the impact of engaging trainees from child psychiatry, pediatrics, and family medicine in administration and use of this program. [Read more.](#)

The Role of Perinatal Psychiatry Access Programs in Advancing Mental Health Equity

This editorial presents: 1) a review of perinatal psychiatry access programs as an integrated care model with potential for promoting perinatal mental health equity; and 2) a summary of how the model has been and can be further adapted to help achieve perinatal mental health equity in geographically diverse settings. [Read more.](#)



The HRSA MCHB TA Provider Shared Calendar

Stay informed about HRSA MCHB TA Provider activities and events with our shared calendar! This centralized calendar provides easy access for PMHCA and MMHSUD awardees to review planned TA activities from the MCHB TAIC, the AAP, the School-Based Health Alliance (SBHA), and the EIIC. It also offers convenient access to event follow-ups, including comprehensive PowerPoint slides and concise summaries of previous TA engagements.

Coming Soon!

TAIC is delighted to introduce a new addition to the TA Provider Shared Calendar – a dedicated TA Resources tab. This tab will serve as a central hub for all TA Providers to conveniently share resources with both awardees and fellow providers. We encourage you to stay tuned, as the Resources tab will be made available in the upcoming days.

Quarterly Webinar: HRSA/MCHB TAIC Updates and Presentation from the REACH Institute

Wednesday, December 6, 2023, from 3:00 p.m. to 4:00 p.m. ET

AAP PMHCA & AMCHP Virtual Learning Café on Pediatric Mental Health

Thursday, December 7, 2023, from 12:00 p.m. to 1:00 p.m. ET

MCHB TAIC Training and Capacity Building Webinar: Sustainability

Wednesday, January 24, 2024, from 3:00 p.m. to 4:00 p.m. ET

More information to come.

We want to hear from YOU!

Contact us for TA and to share your successes, articles, products, presentations, and challenges:

Submit a TA request

You are receiving this newsletter because you have been identified as one of our funded awardees. For any questions or concerns or to request this newsletter be sent to additional people, please email [Patrice Moss, Project Officer, at MCHB](#).



MCHB prioritizes access, equity, capacity, and impact.