

**Tele-Behavioral Health Programs
Technical Assistance Innovation Center**



Advancing successful behavioral health access and integration into pediatric and perinatal care

Aligning Behavioral Healthcare Access Programs

As of September 30, 2023, 12 states have been awarded funding for both the Pediatric Mental Health Care Access (PMHCA) program and the Screening and Treatment for Maternal Mental Health and Substance Use Disorders (MMHSUD) program. This newsletter presents examples of their collaborative efforts, highlighting awardee experiences and successes in aligning the PMHCA and MMHSUD programs in their states. Additionally, a summary is included from the peer-to-peer sharing session on aligning programs, hosted by the Technical Assistance Innovation Center (TAIC) on July 20, 2023, with information about challenges and lessons learned. Links to relevant articles and events are also provided below. Join us as we explore and celebrate the impactful strides made in advancing mental health care access and support.

Awardee States	PMHCA Program	MMHSUD Program
California – County of Los Angeles	Regents of the University of California, San Francisco	County of Los Angeles - Department of Health Services – Women’s Health Programs & Innovation
Colorado	Colorado Department of Public Health and Environment – Prevention Services Division	University of Colorado, Denver – Department of Psychiatry
Kansas	Kansas Department of Health and Environment - Bureau of Family Health	Kansas Department of Health and Environment - Bureau of Family Health

Kentucky	Kentucky Cabinet for Health and Family Services	Kentucky Cabinet for Health and Family Services – Department for Public Health
Louisiana	Louisiana Department of Health and Hospitals	Louisiana Department of Health
Mississippi	Mississippi Department of Mental Health	University of Mississippi Medical Center – School of Medicine, Psychiatry
Missouri	Missouri Department of Mental Health	Missouri Department of Mental Health
Montana	Montana Department of Public Health and Human Services - Early Childhood & Family Support	Montana Department of Public Health and Human Services - Health Resources Division
North Carolina	North Carolina Department of Health and Human Services - Child and Family Well-Being	North Carolina Department of Health and Human Services
Tennessee	Tennessee Department of Health – Division of Family Health and Wellness	Tennessee Department of Health – Division of Family Health and Wellness
Texas – Tarrant County	My Health My Resources of Tarrant County	Health and Human Services Commission - Texas
West Virginia	West Virginia Department of Health and Human Resources	West Virginia Department of Health and Human Resources – Bureau for Behavioral Health



Kansas Programs

To enhance the sustainability of Kansas' psychiatric access programs [Kansas Connecting Communities \(KCC\)](#) and [Kansas Kids Mental Health Access Program \(KSKidsMAP\)](#), the Kansas Department of Health and Environment (KDHE) utilized HRSA supplemental funding for a collaborative infrastructure

consolidation project. KCC is transitioning data to the University of Kansas Health System's REDCap system, which aligns with KSKidsMAP's existing system, fostering integration. The consolidation includes a unified Consultation Line number, streamlining access for pediatric primary care and perinatal practitioners in Kansas. The KDHE explored re-branding to present a cohesive identity for both programs, resulting in a shared logo.

Moving forward, the project aims to create outreach materials using the new logo, such as PowerPoint templates, flyers, and brochures. Information will be disseminated statewide through established relationships with professional organizations. The KDHE anticipates increased awareness and utilization of psychiatric access program support services, enhancing quality care availability, especially for vulnerable populations in rural areas.



Missouri Programs

[The Missouri Child Psychiatry Access Project \(MO-CPAP\)](#) and the Perinatal Psychiatry Access Program (MO-PPAP)

plan to collaborate to provide a continuum of support for Missourians from pregnancy through their 22nd birthday. Both program's vision and mission are to increase mental and behavioral health care access. Since the two programs are implemented by the same team at the University of Missouri Department of Psychiatry, there are opportunities for mutual recruitment of providers, marketing, and cross-educational opportunities. Additionally, the programs will share the same call center, providing a single contact point allowing providers to consult with a child and adolescent or perinatal psychiatrist. The two programs will collaborate to share a comprehensive database of mental and behavioral health resources accessible to care coordinators as they support both populations' resource and referral needs.

TAIC Peer-to-Peer Learning Session Summary - July 20, 2023: Aligning State PMHCA and MDRBD* Programs

Participants shared the aspects of perinatal and pediatric access programs that they have aligned or are seeking to align, including lessons learned along the way. Participants were at various stages in program alignment and implementation and were able to share challenges, ideas, and support with each other. They also received feedback from the subject matter expert. [Read more.](#)

*Screening and Treatment for Maternal Depression and Related Behavioral Disorder (MDRBD) was updated to Screening and Treatment for Mental Health and Substance Use Disorders (MMHSUD) as of 9.30.23

Clinical Update: Collaborative Mental Health Care for Children and Adolescents in Pediatric Primary Care

The objective of this Clinical Update is to review the principles, structures, processes, and outcomes of collaborative mental health care in the pediatric primary care setting. [Read more.](#)

Evaluation of the Michigan Clinical Consultation and Care Program: An Evidence-Based Approach to Perinatal Mental Healthcare

Mood and anxiety disorders affect pregnant individuals and their families at increased rates throughout the perinatal period. Geographic, financial, and social barriers often preclude adequate diagnosis and treatment. The aim of this manuscript is to describe the consultation and care arms of the Michigan Clinical Consultation and Care (MC3) program, a statewide program designed to facilitate access to perinatal mental health care for OB/Gyn patients, and to describe the participants engaged in the program, examine the predictors of participant retention, and provide preliminary data regarding participants' mental health outcomes. [Read more.](#)

Incorporating Recognition and Management of Perinatal Depression Into Pediatric Practice

Perinatal depression is the most common obstetric complication in the United States, with prevalence rates of 15% to 20% among new mothers. Untreated, it can adversely affect the well-being of children and families through increasing the risk for costly complications during birth and lead to deterioration of core supports, including partner relationships and social networks. [Read more.](#)

The Integration of Behavioral Health Consultants Within a State-Wide Psychiatry Consultation Program: A Community Case Study

This paper describes the integration and role of masters-prepared behavioral health consultants (BHCs) within a state-wide psychiatry consultation program for children, adolescents, and perinatal women. Data from the Michigan Clinical Consultation and Care (MC3) program are reviewed, with attention to the role that BHCs play in the consultation process, integrated care, screening, and their dual roles with Community Mental Health Services Programs (CMHSPs) in Michigan. [Read more.](#)



Save the Dates

MCHB TAIC Annual Awardee Meeting



Tuesday, June 4, 2024, and Wednesday, June 5, 2024

In-person at the Bethesda North Marriott Hotel and Conference Center

[Deadline for registration is February 29, 2024.](#)

The HRSA MCHB TA Provider Shared Calendar

Stay informed about HRSA MCHB TA Provider activities and events with our shared calendar! This centralized calendar provides easy access for PMHCA and MMHSUD awardees to review planned TA activities from the MCHB TAIC, the AAP, the School-Based Health Alliance (SBHA), and the EIIC. It also offers convenient access to event follow-ups, including comprehensive PowerPoint slides and concise summaries of previous TA engagements.

The shared calendar also includes a dedicated TA Resources tab. This tab will serve as a central hub for all TA Providers to conveniently share resources with both awardees and fellow providers.

- **[EIIC 's PMHCA QI Collaborative Meeting – Project Overview](#)**
Thursday, February 22, 2024, from 1:00 p.m. to 2:30 p.m. ET
- **[EIIC Webinar: PMHCA ED Expansion Toolkit – Exploration Phase with Michigan PMHCA](#)**
Tuesday, March 5, 2024, from 2:00 p.m. to 3:00 p.m. ET
- **[HRSA MCHB Evaluation Capacity-Building Webinar: Evaluation and Training](#)**
Wednesday, March 6, 2024, from 3:00 p.m. to 4:30 p.m. ET
- **[MCHB TAIC Peer-to-Peer Sharing Session: Aligning State PMHCA and MMHSUD Programs](#)**
Monday, March 11, 2024, from 4:00 p.m. to 5:30 p.m. ET
- **[EIIC Webinar: The EIIC How MH Telehealth and ED Can be Possible in NC](#)**
Tuesday, March 19, 2024, from 2:00 p.m. to 3:00 p.m. ET
- **[EIIC Office Hour: Meet with a QI Coach and Data Analyst](#)**
Tuesday, March 26, 2024, from 3:00 p.m. to 5:00 p.m. ET

- [MCHB TAIC Training and Capacity Building Webinar: Integrating PMHCAs and School Based Health Centers](#)

Wednesday, March 27, 2024, from 3:00 p.m. to 4:00 p.m. ET

- [EIIC Focused Working Session: PMHCA Provider-to-Provider Consultation-Focused Projects](#)

Thursday, April 4, 2024, from 2:00 p.m. to 3:00 p.m. ET

We want to hear from YOU!

Contact us for TA and to share your successes, articles, products, presentations, and challenges:

[Submit a TA request](#)

You are receiving this newsletter because you have been identified as one of our funded awardees. For any questions or concerns or to request this newsletter be sent to additional people, please email [Patrice Moss, Project Officer at MCHB](#).



MCHB prioritizes access, equity, capacity, and impact.



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